



ALIREZA KHANSARI DDS, MSD
DIPLOMATE OF THE AMERICAN BOARD OF PERIODONTOLOGY

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PRE-OPERATIVE IV SEDATION INSTRUCTIONS

1. You must have a completely empty stomach. It is absolutely vital that you have **NOTHING TO EAT OR DRINK** (Including water) for six (6) hours prior to your sedation.
 - If your surgery is in the morning, do not eat or drink anything after mid night.
 - If your surgery is in the afternoon, only a light breakfast before 7:00 am is encouraged.
2. Unless specified by Dr. Khansari all medicines taken on a routine basis should be continued without interruption. Please take your normal medications with a minimal amount of water.
3. A responsible adult, over 18 years of age, should accompany you to the office and drive you back HOME.
4. Following the sedation, you should refrain from driving an automobile or from engaging in any activity that requires alertness for the 24 hours
5. Do not drink alcoholic beverages for 48 hours prior to schedules appointment or while taking the prescribed pain medication after surgery.
6. If there is a change in any medication prescribed by your physician after you read this, please inform us immediately because this may require a change in your sedative medication here.
7. Be aware that wearing acrylic nails or fingernail polish may cause problems with our monitoring equipment.
8. You should wear loose-fitting tops on which the sleeves can be rolled up to the shoulder
9. Contact lenses much be removed prior to sedation.
10. It is advisable to arrange one day off from work/activities.

IMPORTANT NOTICE

Due to the length of time that has been specifically reserved for you our office requires a **2-day notice**, if you can't keep your appointment a charge of **\$250.00** will be applied to your account for missed or late cancellation.